

TITCHMARSH 10K ROAD RACE

11.00am – SUNDAY 2nd MAY, 2010

(M.C.A.A. Permit applied for)



- Titchmarsh is 2 miles from Thrapston, just off the A14 at junction 13. Please approach the village from the A605 (other roads will be closed on the morning of the race) and follow signs to parking at the Playing Field. The race starts from Titchmarsh Clubroom between the two village pubs. There are changing facilities at the Pavilion and the Clubroom where TPFPA accept no liability for left property.
- Although race day entrants are accepted, pre-registration is advised. Competitors can send a S.A.E. to the address below if they require their registration number before the race.
- The measured course will be marshalled and kilometre markers erected. Water will be provided near the half-way point. St John's Ambulance will be present.
- Presentation of trophies for 1st, 2nd and 3rd male and female, club and non-club runners, will take place at 12.30pm. (Medals for all runners).

Entry Fee: £6.50 affiliated ♦ £8.50 unaffiliated ♦ £10.00 on the day
Cheques to be made payable to 'Titchmarsh P.F.A.'

Please post to:

Sylvia Prestwich, Race Secretary,
16 Tofts Close, Titchmarsh,
Kettering, Northants. NN14 3DW
email: roadrace@titchmarsh.info

For more information call
01832 732712
or follow the links on our
village website at
www.titchmarsh.info/RoadRace.htm
or
www.titchmarshplayingfield.org.uk

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Club: _____
Name: _____
Age on Race Day: _____ Male <input type="checkbox"/> Female <input type="checkbox"/>
Address: _____ _____ _____
Telephone: _____
E-mail: _____
I ENCLOSE A CHEQUE TO THE VALUE OF £ _____



I declare that I will abide by the rules of the U.K.A. I am not under the minimum age to compete in the event (15 years) and I accept that the organisers will not be liable for any loss, damage, claim or expenses which arise in consequence of my participation in this event. I declare that I will not compete in this race unless I am in good health on the day of the race and that in any event, I will compete at my own risk.

Signed: _____